

COMMUNICATIONS PLAN WORKSHEET

PAPER TITLE:

PREPARATION		
PUBLICATION DATE		
Set a date with the journal that allows for 4-7 days of		
embargoed pitching, avoids heavy news days, and is		
on a Tuesday, Wednesday, or Thursday morning.		
TARGET AUDIENCES		
Examples: government agencies, legislators,		
manufacturers, retailers		
COMMUNICATIONS PARTNERS		
Are there NGOs, members of impacted communities,		
industry leaders, etc. who may be able to help reach		
your target audiences?		
SPOKESPEOPLE		
Who will be quoted in the press release (ideally not		
more than three people)? Who will be available for		
interviews?		
MATERIALS		
What materials will be prepared (e.g., press release,		
social media posts, op-ed, blog post, non-technical fact		
sheet)? Who will draft them?		
MESSAGING		

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KEY FINDINGS		
Top 1-3 important and newsworthy findings and take-		
aways from your paper.		
NEWS HOOKS		
Examples: health impact, connection to hot topics,		
injustice, irony, conflict, local		
PITCH		
3-4 sentences combining the above. Could be used to		
query journalists under embargo.		

DISTRIBUTION		
WHAT	WHO	WHEN
	You, your press officer, a	During embargoed period, day of
	communications partner?	release, after release?
Pitch to reporters		
Post press release on EurekAlert!		
Post press release on institution's		
website		
Share press release with NGOs,		
community groups, industry		
associations, etc.		
Other:		